

## USDA National Nutrient Database for Standard Reference Release 28

## Statistics Report 03016, Babyfood, meat, turkey, junior

Report Date: October 27, 2015 02:11 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<b>Proximates</b>													
Water <sup>1</sup>	g	80.32	--	1.442	78.04	82.99	2.0	74.115	86.525	1	Analytical or derived from analytical	--	03/2007
Energy	kcal	111	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Energy	kJ	463	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Protein <sup>1</sup>	g	11.50	--	0.642	10.25	12.38	2.0	8.739	14.26	1	Analytical or derived from analytical	--	03/2007
Total lipid (fat) <sup>1</sup>	g	6.20	--	0.657	5.38	7.5	2.0	3.371	9.028	1	Analytical or derived from analytical	--	03/2007
Ash <sup>1</sup>	g	0.58	--	0.020	0.55	0.62	2.0	0.496	0.671	1	Analytical or derived from analytical	--	03/2007
Carbohydrate, by difference	g	1.40	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2007
Sugars, total	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	10/2002
<b>Minerals</b>													
Calcium, Ca <sup>1</sup>	mg	41	--	9.280	29	59	2.0	0.74	80.594	1	Analytical or derived from analytical	--	03/2007

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Iron, Fe <a href="#">1</a>	mg	0.70	--	0.065	0.57	0.77	2.0	0.42	0.98	1	Analytical or derived from analytical	--	03/2007
Magnesium, Mg <a href="#">1</a>	mg	12	--	0.577	11	13	2.0	9.516	14.484	1	Analytical or derived from analytical	--	03/2007
Phosphorus, P <a href="#">1</a>	mg	117	--	3.333	110	120	2.0	102.324	131.009	1	Analytical or derived from analytical	--	03/2007
Potassium, K <a href="#">1</a>	mg	135	--	13.229	115	160	2.0	78.081	191.919	1	Analytical or derived from analytical	--	03/2007
Sodium, Na <a href="#">1</a>	mg	49	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	07/2010
Zinc, Zn <a href="#">1</a>	mg	1.77	--	0.186	1.4	2	2.0	0.968	2.565	1	Analytical or derived from analytical	--	03/2007
Copper, Cu <a href="#">1</a>	mg	0.148	--	0.000	0.15	0.15	--	--	--	1	Analytical or derived from analytical	--	03/2007
Manganese, Mn <a href="#">1</a>	mg	0.037	--	0.000	0.04	0.04	--	--	--	1	Analytical or derived from analytical	--	03/2007
Selenium, Se <a href="#">1</a>	µg	12.0	--	2.421	9.3	16.8	2.0	1.55	22.383	1	Analytical or derived from analytical	--	03/2007
Fluoride, F <a href="#">2</a>	µg	43.6	--	--	21.3	65.8	1.0	--	--	1	Analytical or derived from analytical	--	01/2007

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<b>Vitamins</b>													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2007
Thiamin <sup>1</sup>	mg	0.008	--	--	0.01	0.01	--	--	--	1	Analytical or derived from analytical	--	03/2007
Riboflavin <sup>1</sup>	mg	0.163	--	--	0.16	0.16	1.0	--	--	1	Analytical or derived from analytical	--	03/2007
Niacin <sup>1</sup>	mg	2.610	--	--	2.43	2.79	1.0	--	--	1	Analytical or derived from analytical	--	03/2007
Pantothenic acid <sup>1</sup>	mg	0.410	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Vitamin B-6 <sup>1</sup>	mg	0.029	--	--	0.02	0.03	1.0	--	--	1	Analytical or derived from analytical	--	03/2007
Folate, total <sup>1</sup>	μg	8	--	2.082	4	11	2.0	-0.957	16.957	1	Analytical or derived from analytical	--	03/2007
Folic acid <sup>1</sup>	μg	0	--	--	0	0	--	--	--	1	Analytical or derived from analytical	--	03/2007
Folate, food <sup>1</sup>	μg	8	--	2.082	4	11	2.0	-0.957	16.957	1	Analytical or derived from analytical	--	03/2007
Folate, DFE	μg	8	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007
Choline, total <sup>1</sup>	mg	39.8	--	1.942	37	43.5	2.0	31.422	48.129	1	Analytical or derived from analytical	--	03/2007

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Betaine <a href="#">1</a>	mg	4.7	--	0.530	3.9	5.7	2.0	2.45	7.012	1	Analytical or derived from analytical	--	03/2007
Vitamin B-12 <a href="#">1</a>	µg	1.11	--	--	1.02	1.2	1.0	--	--	1	Analytical or derived from analytical	--	03/2007
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	02/2005
Vitamin A, RAE	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007
Retinol	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	05168	02/2003
Carotene, beta	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	10/2002
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	10/2002
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	10/2002
Vitamin A, IU	IU	0	--	--	--	--	--	--	--	--	Calculated or imputed	05168	08/2004
Lycopene	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	10/2002
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	10/2002
Vitamin E (alpha-tocopherol) <a href="#">1</a>	mg	0.08	--	0.015	0.06	0.11	2.0	0.021	0.146	1	Analytical or derived from analytical	--	03/2007
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	02/2005
Tocopherol, beta <a href="#">1</a>	mg	0.00	--	0.000	0	0	--	--	--	1	Analytical or derived from analytical	--	03/2007
Tocopherol, gamma <a href="#">1</a>	mg	0.03	--	0.024	0	0.08	2.0	-0.07	0.137	1	Analytical or derived from analytical	--	03/2007

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Tocopherol, delta <sup>1</sup>	mg	0.00	--	0.000	0	0	--	--	--	1	Analytical or derived from analytical	--	03/2007
Vitamin D (D2 + D3)	µg	0.8	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	02/2009
Vitamin D <sup>1</sup>	IU	34	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Vitamin K (phylloquinone) <sup>1</sup>	µg	0.0	--	0.000	0	0	--	--	--	1	Analytical or derived from analytical	--	03/2007
<b>Lipids</b>													
Fatty acids, total saturated	g	1.641	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007
4:0	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	07/2007
6:0	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	07/2007
8:0 <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
10:0 <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
12:0 <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
14:0 <sup>1</sup>	g	0.040	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007

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15:0 <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
16:0 <sup>1</sup>	g	0.770	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
17:0 <sup>1</sup>	g	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
18:0 <sup>1</sup>	g	0.330	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
20:0 <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
22:0 <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
24:0 <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Fatty acids, total monounsaturated	g	2.384	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007
14:1 <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
15:1 <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007

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16:1 undifferentiated <sup>1</sup>	g	0.140	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
17:1 <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
18:1 undifferentiated <sup>1</sup>	g	1.520	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
20:1 <sup>1</sup>	g	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
22:1 undifferentiated <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
24:1 c <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Fatty acids, total polyunsaturated	g	1.741	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007
18:2 undifferentiated <sup>1</sup>	g	1.040	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
18:3 undifferentiated <sup>1</sup>	g	0.060	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
18:4 <sup>1</sup>	g	0.020	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007

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20:2 n-6 c,c <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
20:3 undifferentiated <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
20:4 undifferentiated <sup>1</sup>	g	0.050	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
20:5 n-3 (EPA) <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
21:5 <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
22:4 <sup>1</sup>	g	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
22:5 n-3 (DPA) <sup>1</sup>	g	0.040	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
22:6 n-3 (DHA) <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Cholesterol <sup>1</sup>	mg	58	--	2.427	55	63	2.0	47.458	68.342	1	Analytical or derived from analytical	--	03/2007
<b>Other</b>													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2007
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003

**Sources of Data**

<sup>1</sup>*Nutrient Data Laboratory, ARS, USDA National Food and Nutrient Analysis Program Wave 8a, 2003 Beltsville MD*

<sup>2</sup>*Steven Levy Fluoride data on infant foods and beverages, 2003 unpublished Fluoride data from Dr. Steven Levy, University of Iowa*